

**CONFERENCE
PROGRAMME**



AUSTRALIA & NEW ZEALAND ACADEMY FOR

**EATING
DISORDERS**

**DAY ONE : Friday
28/8/09 8.am – 13.15**

8.00 – 8.45	Registrations - tea and coffee	
8.45 - 8.55	CONFERENCE OPENS Welcome from the President of the ANZAED and Conference Organisers	
8.55 -9.05	Acknowledgment of the Traditional Land Owners	
9.05 - 10.05	Keynote address Kathleen Pike “Title of Talk: Crossing the Borders: Challenges & Opportunities as We Extend Eating Disorder Interventions around the Globe”.	
10.05- 10.35	Morning Tea – Poster display	
10.35 - 12.35	Seminar Room- Innovations in Treatments –Chair Dr Roger Mysliwicz	Auditorium -Innovations in research and evaluation- Chair Professor Susan Paxton
10.35 -10.55	The effect of CBT-E on eating disorder symptoms and other psychopathology in a clinical setting <i>Anthea Fursland and Susan M. Byrne</i>	Mood intolerance and disordered eating: An evaluation of the transdiagnostic cognitive-behavioural model of eating disorders <i>Karina Allen , Sue Byrne , Neil McLean</i>
10.55 -11.15	Resource Development of an Audio Meal Support Tool for Adolescents with Anorexia Nervosa <i>Kylie Becker, Estella Leek, Virginia McIntosh</i>	Cognitive and metacognitive correlates of eating disorder symptomatology- A preliminary investigation <i>Natalie Crino Stephen Touyz Elizabeth Rieger</i>
11.15 - 11.35	The doors open, lets keep it open and set the standards. <i>Amanda Davis, Elaine Painter Bronwyn McCullagh, Michael Kilshaw</i>	“Methods for investigating body image among gay men: A critique of the literature” <i>Shaun M. Filiault Murray J.N. Drummond,</i>
11.35 -11.55	Acute refeeding for patients with protein energy malnutrition (PEM) secondary to AN <i>Michael Kohn , Simon Clarke , Sloane Madden</i>	Reduction of shape and weight concerns in young adolescents: A 30-month controlled evaluation of a school-based media literacy program <i>Dr Simon Wilksch Dr Tracey Wade</i>
11.55 - 12.15	Managing the medical complications of the deteriorating adolescent with anorexia nervosa <i>A/Prof Simon Clarke Gail Anderson, A/Prof Michael Kohn Joanne Titterton, Dr Basiliki Lampropoulos.</i>	The effect of week-to-week change in body mass index on EDE-Q scores in anorexic-type patients undergoing cognitive-behavioural therapy: A comparison of treatment completers and non-completers <i>Susan M. Byrne, Amy Lampard, Anthea Fursland and Max Bulsara</i>
12.15 - 12.35	A New CAMHS Service Delivery Model for Multisite Outpatient Eating Disorders Treatment – Dietetics with other Allied Health Clinicians <i>Veronica Pitcher Kelly Monger</i>	The relative costs of admissions for eating disorders: a case register population study <i>Phillipa Hay, Louisa Jorm and Sanja Lujic Stephen Touyz</i>
12.35- 13.15	Lunch	

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13.15 15.15	Seminar Room- Innovations in Treatments – Chair Dr Anthea Fursland	Auditorium -Innovations in research and evaluation- Chair Dr Simon Wilksch
13.15 - 13.35	Body Language- writing a story about body Image for adolescence <i>Dr Natalie Knoesen , Ms Roberta Honigman</i>	Does Aggressive Refeeding In Hospitalised Adolescents With Anorexia Nervosa Result in Increased Hypophosphataemia <i>Melissa Whitelaw, APD, Dr Heather Gilbertson, Dr Pei-Yoong Lam Prof Susan M Sawyer</i>
13.35 -13.55	Attention training therapy for body image disturbance <i>Evelyn Smith Elizabeth Rieger</i>	The Effect of Ethnicity and Socio-Cultural Variables in Body Ideals and Preferences <i>Moses Liu, Dr. Ross King</i>
14.55 - 14.15	Self-help behaviors of people with eating disorders in a “Smart Eating” online programme <i>Sau Fong Leung, Janice Russell, Joyce Ma & Ian Spence</i>	EDTEC: An Eating Disorders Training and Evaluation Centre for Western Australia <i>Julie McCormack, Chris Harris, Julie Potts, Dr Hunna Watson, Lisa Ferraro, Associate Professor David Forbes, Liz Hughes</i>
14.15 - 14.35	Feeding Emotional Needs to Heal an Eating Disorder <i>Karla Cameron</i>	The Body Multiple; exploring the visual representation of the bulimic body as an assemblage through a series of installations <i>Michelle Mantsio</i>
14.35- 14.55	Chocolate and coffee: Imagery reduction of food craving <i>Marika Tiggemann and Eva Kemps</i>	Selective Eating: What are we dealing with? <i>Carol Smith, Neil McLean , Julie McCormack</i>
14.55- 15.15	Managing Extreme Emotions- Group based therapy for Clients with Eating Disorders and Emotional Dysregulation <i>Emma Sutich</i>	Managing Chronic Anorexic Patients Within An International RCT <i>Stephen Touyz et al</i>
15.15 - 15.45	Afternoon tea - Poster display	
	Auditorium – Case Study and Panel Discussion Chair Professor Phillipa Hay Panel- Professor Stephen Touyz and Dr Warren Ward	
15.45- 16.25	ANOREXIA NERVOSA AND THE CESSATION OF TREATMENT A case study by Francis Wilson, Panel discussion to follow	
16.25- 16.35	Pulse Health Ltd- New hospital Announcement by Mr Peter Mangles, managing Director , Pulse health	
16.35- 17.00	National Eating Disorders Collaboration (NEDC) Project The NEDC is a collaborative venture of the Butterfly Eating Disorders Australian National Network (Butterfly EDANN) and other organisations with an interest in eating disorder prevention and treatment funded by the Federal Department of Health & Ageing to develop a National Framework addressing the promotion, prevention, early intervention, treatment and management of eating disorders.	
17.10	DRINKS in the foyer	

**CONFERENCE
PROGRAMME**

**DAY TWO: Saturday
29/8/09 8.00- 13.30**



8.00 – 8.45	ANZAED – AGM
8.45- – 9.00	Registrations – tea and coffee
9.00 – 10.00	Chair Dr Warren Ward Keynote address Brett McDermott <i>Eating Disorders in Children and Adolescents: From Fussy Eating to Fad Treatments</i>
10.00 -10.15	Morning Tea – Poster display
10.15- 12.15	Conference Room Chair Professor Stephen Touyz
	A Two hour workshop by Bryony Bamford 'Adapting CBT for individuals with severe and enduring anorexia nervosa'
12.15- 13.15	Lunch

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13.15	Seminar Room Carer and Consumers Initiatives Ms Adrienne Alexander	Auditorium Innovations in Service Delivery –Chair Ms Chris Martin
13.15- 13.35	Caring for individuals with an eating disorder <i>Ms Kerri Coomber Dr Ross King</i>	Nourishing Networks: Learning and Development Program <i>Deanne Harris¹, Miriam Grotowski², Leanne Brown³, Fiona Little³ and Deborah Pryor⁴</i>
13.35- 13.55	'Power to the Parents' – A pilot group program for parents of young people with anorexia nervosa <i>Colleen Alford Natasha Comarin</i>	What can be done with \$40,500 – a Vital Drop in the Ocean? Eating disorders service provision in rural NSW. <i>Mim Weber</i>
13.55 – 14.15	First aid for Eating Disorders: Development of mental health first aid guidelines using the Delphi consensus method <i>Laura Hart Professor Anthony F Jorm Professor Susan J Paxton</i>	Innovative Community Based Therapeutic responses to Eating Issues at Isis- The Eating Issues Centre Inc. Thinking outside the limitations of Eating Disorder Diagnosis as criteria for treatment. <i>Amanda Dearden</i>
14.15 – 14.35	Skill building workshops for carers of eating disordered individuals: Impact on coping and expressed emotion <i>King, R.M Pepin, G</i>	Client Experiences of Counselling at the Eating Difficulties Education Network. <i>Victoria Marsden Maree Burns</i>
14.35- 14.55	Being a support person for someone with an eating disorder <i>Helen Franks</i>	Are we Feeding the Eating Disorders with Numbers? <i>Shane Jeffrey</i>
14.55- 15.10	Afternoon tea	
	Seminar Room General Other – Chair Mr Chris Thorton	Auditorium General Other – Shane Jefferies
15.10-15.30	Conditional Goal-Setting as a Mediator between Perfectionism and Psychopathology in a Clinical Sample of Women with Eating Disorders <i>Hunna Watson, Bronwyn Raykos, Helen Street, Susan Byrne, Anthea Frusland, Paula Nathan.</i>	A longitudinal examination of self-objectification in new fitness centre members <i>Ivanka Prichard & Marika Tiggemann</i>
15.30 -15.50	A pilot study investigating the benefits of a Mindful Eating Group as an adjunct to individual treatment for eating disorders <i>Natasha Hepworth</i>	Phenomenology of Body Image Distortion and Unusual Beliefs in Anorexia Nervosa <i>Rachel L. Mountjoy, Dr. John Farhall, A/Prof. Susan L. Rossell</i>
15.50- 16.10	Somatic and Expressive Therapies Approaches to Eating Disorders <i>Virginia Woods</i>	Broadening the Role of Innovative Non Government Community Organisations in the Recovery and Support of People with Eating Disorders and their Carers. <i>Desi Achilleos Amanda Dearden</i>
16.10	Closing Remarks and Evaluation	

