

# Management of Eating Disorders

## 2 day Workshop



INTERNATIONAL PRESENTER

## Professor Janet Treasure

Director, Eating Disorder Unit,  
South London Maudsley Hospital NHS Trust and  
Professor of Psychiatry  
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LONDON



### Workshop Overview

#### Day One: Translating New developments in the Understanding Eating Disorders into Treatment

The aim of this workshop is to consider new ways of conceptualising eating disorders - which will lead onto a consideration of how treatment focused on these concepts might improve the outcome. Treatments that may buffer the harmful aspects of the environment and also directly moderate extreme dispositions and coping strategies will be described.

There are 3 sections to this workshop. The first relates to information processing style, the second relates to reward and binge eating, the final section discusses how to share this information into the wider system and integrate it into family work.

#### Day Two: Working with caregivers in a shared care arrangement.

This workshop describes an interpersonal maintenance model of anorexia nervosa and an intervention that addresses the key processes within families. The workshop will include an interactive practical demonstration of how to moderate expressed emotion, improve communication with motivational interviewing and construct a functional analysis with families.



**Venue:** The Lord Byron Resort,  
Byron Bay.

**Date:** 21<sup>st</sup> & 22nd November  
2008

**Cost:** \$500 + GST

**Early bird:** \$450 + GST  
(before 12 Sept 2008)

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