

# Are you in recovery from an eating disorder?



## Discuss your recovery experience!

A study is being carried out by Monash University into the experience of recovery.

This study will use one on one interviews to explore treatment and recovery experiences among people with eating disorders.

We are seeking the input of people:

- ▶ Who have a previous eating disorder diagnosis
- ▶ Who have received treatment for their eating disorder
- ▶ Who consider themselves to be in eating disorders recovery
- ▶ Who are 18 years or older
- ▶ Who are not currently experiencing suicidal ideation or self-harming

## Ways to get involved

Your feedback is extremely valuable. Your participation would be greatly appreciated.

## One on one interviews

- ▶ Open to Australian participants, preferably in Melbourne region but video interviews can be arranged
- ▶ Recruitment beginning June 2018
- ▶ Interviews will be one hour long and will be audio recorded
- ▶ Will ask questions about your eating disorder experience, treatment, medical and mental health history, and recovery.
- ▶ Participants will receive \$20 Coles/Myer gift card for participation

Please contact **Capella Meurer** if you are interested in participating

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