

24 November, 2015

To whom it may concern,

F.E.A.S.T. welcomes the ANZAED Position Statement on Inpatient Services for Eating Disorders and commends ANZAED on its clear support for the role of families in the care of their loved ones with an eating disorder.

In particular we are very pleased to see the following statements

- The best outcomes for inpatient treatment occur when the goals of treatment are clearly negotiated from the outset of care between patients, their families and clinicians
- People with eating disorders and their families should have access to a continuum of care based on residential, day hospital, intensive outpatient, traditional outpatient and guided self-help

These statements align clearly with the following F.E.A.S.T. principles:

- Parents and caregivers can be a powerful support for a loved one's recovery from an eating disorder.
- Blaming and marginalizing parents in the eating disorder treatment process causes harm and suffering.
- Patients should receive evidence-based treatment, when available.
- Families should be supported in seeking the most appropriate treatment in the least restrictive environment possible.
- When the family is supported, the patient is supported.
- Parents have a unique capacity to help other parents with support, information, and the wisdom of experience.

We would be happy to endorse the ANZAED Position Statement on Inpatient Services for Eating Disorders and give permission for a statement to that effect to be used on the document along with our logo.

Thanks again for you clear commitment to supporting families of those with an eating disorder.

Leah Dean



Executive Director

F.E.A.S.T.

On behalf of the F.E.A.S.T. Board of Directors