

**Participant Information Sheet**

**The Eating Behaviour Project:**

**An Investigation into Eating Behaviour**

Student Investigator:  
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Who is conducting the research

Senior Investigator:  
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School of Applied Psychology  
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**Why is the research being conducted?**

This study is being conducted as part of a PhD research project at Griffith University. We are interested in patterns of eating behaviour. This study has been approved by the Griffith University Human Research Ethics committee, (GU ref no: 2018/205).

**What you will be asked to do?**

If you consent to participate in this study, you will be asked to respond to the following:

- 1) Self-report surveys detailing food behaviour, and consumption, and personality measures for **YOURSELF**
- 2) Self-report surveys detailing food behaviour, and consumption, and personality measures for each of your **CHILDREN** aged between 4-12 years (if applicable)

This study should take you no longer than 30-45 minutes to complete. To thank you for your participation in this study, you can go into a draw to win one (1) of ten (10) \$50 Coles-Myer gift cards. You may also be contacted for a follow up study. The follow up study will involve a laboratory study with your children. This study will involve travel to Griffith University, Mt Gravatt Campus.

**If you find yourself experiencing difficulties as a result of completing this survey, contact Lifeline on 13 11 14.**

## **The expected benefits of the research**

This research will help to identify the different ways in which personality traits contribute to eating behaviour. This research will also help to identify environmental factors within the family unit which may contribute to eating behaviour.

## **Risks to you**

Participation in this study involves no foreseeable risks.

## **Your confidentiality**

All information collected during this study will be kept confidential. The conduct of this research involves the collection, access and / or use of your identified personal information. The information collected is confidential and will not be disclosed to third parties without your consent, except to meet government, legal or other regulatory authority requirements. A de-identified copy of this data may be used for other research purposes.

Participants in this study will not be identifiable in any publications or reporting's related to this study. De-identified research results will be reported in an academic thesis and may also be disseminated via journal articles and / or conference presentations. All information provided in this study will be accessed only by the researchers involved in this study. If you have any questions or concerns, please contact the researchers of this study via the contact details mentioned above.

## **Storage and control of access to the data**

The information collected in this study will become part of a large data response set. This data will be collected using survey software called Qualtrics. This data will be stored during the initial stages on the Qualtrics site. When the study has concluded the data will be downloaded and stored on the Griffith Secure Research Storage. These computers are password protected. Only the researchers will have access to the data of this study from these computers. The dataset may be kept for up to five years in accordance with journal publication guidelines. Data that are transmitted are protected in compliance with legislation by firewall systems and encryption methods.

**Your participation is voluntary**

Participation in this study is voluntary. Your decision to participate in this study will not in any way impact upon your relationship with Griffith University. You may withdraw from this study after you have consented to participate at any time up until submission of the survey. Once you have completed this study and your answers have been submitted you will no longer be able to withdraw your participation.

**Questions / further information**

Questions should be directed to the research team:

Student Investigator:

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School of Applied Psychology  
theeatingbehaviourproject@griffith.edu.au

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**The ethical conduct of this research**

"Griffith University conducts research in accordance with the National Statement on Ethical Conduct in Human Research. If you have any concerns or complaints about the ethical conduct of this research project, you are encouraged to contact the Manager, Research Ethics on 07 37354375 or [research-ethics@griffith.edu.au](mailto:research-ethics@griffith.edu.au)."

**Feedback to you**

You will have the option during the study to elect to receive a summary of the findings. You may also contact the researchers (see above) to receive a summary of the findings.

## INFORMED CONSENT

### *An Investigation into Eating Behaviour*

By clicking “start study” below, I confirm that I have read and understood the information package and in particular:



- I understand that my involvement in this research may include participation in an additional study
- I have had any questions answered to my satisfaction;
- I understand the risks involved;
- I understand that there will be no direct benefit to me from my participation in this research
- I understand that my participation in this research is voluntary
- I understand that if I have any additional questions I can contact the research team;
- I understand that I am free to withdraw at any time, without explanation or penalty;

Start Study

Alternatively, if you choose not to participate in this study please close the web browser. This will end your session.

## Prize Draw Details

### Terms and Conditions of the Prize Draw

1. The prize draw is being run by the researchers' to encourage participation in their study examining the influence of feedback on learning and learning styles.
2. By electing to participate, you accept these terms and conditions as governing the prize draw. Instructions on how to enter the prize draw and details advertising the survey form part of the conditions. Any personal information you provide to us in the course of entering the prize draw will be dealt with by us in accordance with our privacy policy. See <http://www.griffith.edu.au/about-griffith/plans-publications/griffith-university-privacy-plan> or telephone (07) 3735 5585 for more information.
3. Ten (10) prizes will be awarded in prize draw, each prize being 1x Coles-Myer voucher and being worth \$50 each. Should the advertised prize become unavailable as a result of circumstances beyond our control, we are free (at our sole discretion) to substitute a cash prize equivalent to the value of the prize advertised.
4. Entry is free (other than the cost of accessing the website, which is your responsibility). Entry is open between the 1/3/2018 and 1/9/18. Entries received after the closing date will not be accepted.
5. To enter the prize draw, you must: (a) be at least 18 years of age (b) provide a valid email address or phone number (c) provide a valid postal address
6. You may not enter the prize draw if you are an employee of ours or an immediate family member of an employee of ours or otherwise associated with the competition.
7. You may only submit one entry in the prize draw.
8. All survey and other materials provided by you become our property. No responsibility is taken for late, lost or misdirected surveys or entries.
9. Following the closing date, the prize winners will be selected randomly from valid entries received. Each entry can only be drawn once.
10. Subject to system malfunction, the draw will occur on the 30/11/2016. If the systems supporting the draw are not functioning as they should when the draw is due, the draw will be held as soon as possible once the systems become functional again. Prize winners do not need to be present at the time of the draw.
11. Prize winner names will not be published.
12. The relevant prize will be sent to each prize winner at the postal address captured within the survey instrument. If an address has not been supplied, the entry will be treated in accordance with clause 14. The majority of prizes will be mailed within two weeks of the draw.
13. The right to a prize is not transferable or assignable to another person.
14. If any prize winner cannot be contacted within three (3) months of the draw, then that person's right to the prize is forfeited and the prize will be treated as an unclaimed prize.
15. Only one redraw of unclaimed prizes will take place, and other existing prizes are not affected. The redraw prize winner(s) will be randomly selected from remaining valid entries and notified within two (2) weeks of the redraw. If the redraw prize winner(s) cannot be contacted within three (3) months of the redraw, then we may determine that the relevant prize(s) will not be awarded.
16. Prizes cannot be substituted for another prize at the election of the prize-winner.
17. We are not liable for any loss, expense, damage or injury sustained by any entrant in connection with this prize draw, the prize or redemption of the prize, except for any liability



which cannot be excluded by law (in which case, that liability is limited to the minimum allowable by law).

18. We may suspend the promotion if we determine that the integrity or administration of the promotion has been adversely affected due to circumstances beyond its control. We may disqualify any individual who tampers with the entry process.