

PLAIN LANGUAGE STATEMENT AND CONSENT FORM



TO: Participant

Plain Language Statement

Date: 20th December 2017

Full Project Title: A Critical Analysis of the Current Victorian Models of Service Delivery in Eating Disorders: The Clinicians Perspective.

Principal Researcher: Genevieve Pepin

Student Researcher: Rachel King

Associate Researcher(s): Karen Stagnitti

You are invited to take part in this research project, *What is the Acceptability for an Integrated Approach to Service Delivery in Victoria?: A Critical Analysis of the Current Victorian Models of Service Delivery in Eating Disorders*. This is because you are a Victorian public mental health clinician who works with people experiencing eating disorders.

Purpose:

The research project is aiming to describe current models of eating disorder service delivery and determine the acceptability of a new integrated approach to service delivery in Victoria. More specifically, this project will 1) explore and compare the current models of eating disorder service delivery across Victoria, 2) develop an integrated approach to service delivery for people with eating disorders in Victoria and 3) explore the acceptability of the proposed integrated approach to service delivery from the perspectives of Victorian public mental health clinicians.

This research project has two phases and you are invited to take part in the first one. Phase one will involve participating in one interview about your lived experience of providing assessment and treatment to people with eating disorders within the Victorian public mental health system.

Phase two involves completing a series of brief surveys in relation to a proposed integrated model for eating disorders service delivery in Victoria. Participation in the research project and its two phases is completely voluntary.

This research project is important because there is limited research available on eating disorder models of service delivery. It is not known how to ensure all Victorians have equal access to assessment and treatment regardless of their geographical location. There are many inconsistencies within and between eating disorder services at a state wide level, nationally and internationally. The purpose of this research project is to explore the current models of eating disorder service delivery, leading into an investigation of how eating disorder services can provide accessible, high quality and consistent levels of care equally across metropolitan and rural areas of Victoria.

Methods:

To be eligible to participate in the research project, you must be a Victorian public mental health clinician who works with people experiencing eating disorders.

To participate in this specific phase of the research project, you will be required to sign a consent form and return the signed consent form to the research team.

Once you have returned the signed consent form, the research team will organise a time to conduct an interview. This interview can take place at a time and place convenient to both yourself and a researcher. The interview can be conducted face-to-face, over the phone or online. You will be able to take breaks during the interview if you need to. The duration of the interview will be approximately 40 minutes.

The interview will include two sections. The first section of the interview will collect demographic information. It will include questions on your age, gender and professional background. Further questions will be included such as 'how long have you worked in mental health?' and 'how long have you been working with people with eating disorders?'

The second part of the interview will explore your experience of service provision. You will be asked to describe the service where you work, including team members and the care pathway. It will include questions such as 'what are the strengths and limitations of your service/s?' and 'if a person was referred to your service with an eating disorder, can you describe the support and services they would receive?'

The interview will be recorded. The recording will be transcribed soon after the interview. A copy of the transcription will be sent to you to look at and you will have the opportunity to make modifications if you feel what you said was not presented appropriately. Then you will be asked to return the transcript (via pre-paid envelope) to the research team.

What are the possible risks and benefits for participants?

The research team does not anticipate any specific risks to be associated with this research project beyond the possible fatigue associated with participating in the interview. However, if fatigue occurs, you will be able to take a break during the interview. In addition, interviews will be completed at your own pace and will be conducted at a place and time that is convenient for you.

There may be no direct benefits related to participating in this project. However, you may benefit from having the opportunity to share your experiences and knowledge to assist in the development of a proposed integrated approach to eating disorders service delivery for Victoria. It will also be possible to reflect and acknowledge your own clinical experience (as a mental health clinician) in providing assessment, treatment and support to people within your service who experience an eating disorder.

Expected benefits to the wider community?

At a community level, benefits of this research project may include a better understanding of what an integrated approach will look like and/or desirable components of an integrated approach. This could lead to an improvement in service structure, a more supported working environment and better outcomes for people accessing services in Victoria in the future.

Privacy and confidentiality

Any information obtained in connection with this research project that can identify you will remain confidential.

Initially, data will be collected in identifiable form through recorded interviews. Once transcribed, the interview transcripts for each participant will be individually coded, thus will

be de-identified. No names or other identifying factors will be included. Transcripts will remain de-identified for the remainder of the research project.

All data will be kept on the research teams password protected computer/s and will only be accessible to the research team.

Please contact the research team member named at the end of this document if you would like to access your information. You may access your data from the research at any time up until data analysis commences because once this occurs; it is not possible to recover your individual data.

Rachel King, who is a member of the research team, is also a current employee of the Victorian Centre of Excellence in Eating Disorders (CEED). The main aim of this study is to explore and compare the current models of eating disorder service delivery across Victoria. Rachel and the research team are specifically interested in learning more about how services are currently delivered. Your confidentiality is of utmost priority, and any information collected in Rachel's research capacity will not be used for any other purpose. Any information that could identify you, your colleagues or workplace will be removed from all publications and dissemination of the study and its results.

What will the information be used for?

The results of this research project will be used by the student researcher (Rachel King), to obtain a Doctor of Philosophy (PhD) degree. Once the PhD is completed, the data will be securely destroyed/permanently deleted.

It is anticipated that the results of this research project will be published and presented in a variety of forums. Specifically, it is intended that the results of this research project will be published in a thesis, peer reviewed journals and included in presentations at national and international conferences. In any publication and presentation, information will be provided in such a way that you cannot be identified. Results will be presented collectively; therefore individual data will be non-identifiable.

How will the research be monitored?

Progress of the research project will be monitored through regular meetings between the research team. Monitoring will consist of scheduled face-to-face meetings to discuss and measure progress against set deadlines as well as emails and phone calls as required.

Participation and withdrawal:

Participation in this research project is voluntary. If you refuse to participate in this phase of the research project it will not affect your relationship with Deakin University, The Victorian Centre of Excellence in Eating Disorders (CEED), the Australian and New Zealand Academy of Eating Disorders (ANZAED) or other professional organisations such as Occupational Therapy Australia (OTA), Dietetics Association of Australia (DAA) and Australian Psychological Society (APS).

If you do decide to take part, you will be given a Plain Language Statement and Consent Form to sign and you will be given a copy to keep.

If you do not wish to take part, you do not have to. If you decide to take part and later change your mind, you are free to withdraw from the project at any stage until data analysis commences.

If you chose to withdraw from this research before data analysis, all your data will be removed from the study and kept securely for at least 5 years following any publications of the research. After this time has elapsed, it will be securely destroyed.

Contact details:

If you want to contact a member of the research team in relation to the project, please use the details below:

Associate Professor Genevieve Pepin
Telephone: (03) 5227 8462
Email: genevieve.pepin@deakin.edu.au

Complaints:

If you have any complaints about any aspect of the project, the way it is being conducted or any questions about your rights as a research participant, then you may contact:

The Manager, Integrity, Ethics and Biosafety, Deakin University, 221 Burwood Highway,
Burwood Victoria 3125, Telephone: 9251 7129, research-ethics@deakin.edu.au

Please quote project number HEAG-H 08_2018.



PLAIN LANGUAGE STATEMENT AND CONSENT FORM

TO: Participant

Consent Form

Date: 20th December 2017
Full Project Title: A Critical Analysis of the Current Victorian Models of Service Delivery in Eating Disorders: The Clinicians Perspective.
Reference Number:

I have read and I understand the attached Plain Language Statement.
I freely agree to participate in this project according to the conditions in the Plain Language Statement.
I have been given a copy of the Plain Language Statement and Consent Form to keep.
The researcher has agreed not to reveal my identity and personal details, including where information about this project is published, or presented in any public form.
I agree that the interview will be recorded.

I would like to receive a copy of the summary of research results on completion of the project
 Yes No (please tick)
Please send the summary to (postal or email address):

I would like to be sent an invitation to participate in the second phase of this research project.
 Yes No (please tick)
Please send the invitation to (postal or email address):

Participant's Name (printed)

Signature Date

Associate Professor Genevieve Pepin
Principal Researcher
Deakin University
Locked Bag 20001
Geelong, Victoria, 3220
Telephone: (03) 5227 8462
Email: genevieve.pepin@deakin.edu.au



PLAIN LANGUAGE STATEMENT AND CONSENT FORM

TO: Participants

Withdrawal of Consent Form

(To be used for participants who wish to withdraw from the project)

Date: 20th December 2017

Full Project Title: A Critical Analysis of the Current Victorian Models of Service Delivery in Eating Disorders: The Clinicians Perspective.

Reference Number:

I hereby wish to WITHDRAW my consent to participate in the above research project and understand that such withdrawal WILL NOT jeopardise my relationship with Deakin University, The Victorian Centre of Excellence of Eating Disorders (CEED), Australian and New Zealand Academy of Eating Disorders (ANZAED), Occupational Therapy Australia (OTA), Dietitians Association of Australia (DAA) or Australian Psychological Society (APS).

Participant's Name (printed)

Signature Date

Please mail or fax this form to:

**Associate Professor Genevieve Pepin
Principal Researcher
Deakin University
Locked Bag 20001
Geelong, Victoria, 3220
Telephone: (03) 5227 8462
Email: genevieve.pepin@deakin.edu.au**