



9th World Congress of
Behavioural and Cognitive Therapies
COGNITIVE AND BEHAVIOURAL
THERAPIES AT THE **CROSSROADS**

17-20th July 2019
The CityCube, Berlin
Germany
www.wcbct2019.com

Eating Disorders Highlights

Confirmed Presentations include:

Wednesday 17th July 2019

Pre-Congress Full Day Workshop

Adapting Cognitive Behaviour Therapy to the Distinctive Features of Eating Disorders

Kelly Bemis Vitousek, Hawaii University, USA

Thursday 18th – Saturday 20th July 2019

Invited Address

Pros and Cons of Transdiagnostic Thinking: Examples from the Eating Disorder Field

Kelly Bemis Vitousek, Hawaii University, USA

Half-Day In-Congress Workshop

Exposure therapy applied to eating disorders: Terrified patients and anxious clinicians

Carolyn Becker, Trinity University, USA

Glenn Waller, University of Sheffield, UK

Skills Class

Brief CBT-T for Eating Disorders

Glenn Waller, University of Sheffield, UK

Tracey Wade, Flinders University, Australia

Come to Berlin in 2019 for the best opportunity in the world to learn and talk about CBT for eating disorders. At the WCBCT, you will have the chance to:

- learn key CBT skills for working with anorexia nervosa, bulimia nervosa, binge eating disorder and other eating disorders
- hear about state of the art of treatment for eating disorders from international experts
- learn about how to understand and address key symptoms, such as body image, binge-eating, and more
- participate in discussion about new developments in CBT for eating disorders
- present your own research and clinical work to an audience of your peers



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However, what if you have something to tell the world? Then the time to act is now, by putting your work on the agenda for WCBCT.

Want to be one of the people who presents at WCBCT? Want to tell the wider field of clinicians and researchers about your innovations? Want to enhance your profile by telling your peers about your own clinical and research achievements? Then submit your work now, to have the opportunity to tell the world about your work. You might have a great idea for any of the following to bring to the meeting:

- research papers and posters regarding outcomes, clinical work, eating pathology, body image, etc.
- skills classes, addressing specific clinical approaches to working with eating disorders
- half-day workshops, for where you want to present a broader treatment approach
- debates and clinical roundtables about topics where we need to know more

To register for the World Congress and sign up for regular updates Please check out the WCBCT 2019 website:

www.wcbct2019.com

and remember:

- Call for Papers Closes Sunday 6th January 2019
- Call for Posters Closes Sunday 17th February all 2019

We hope to see you in Berlin next year!